

Cultivating a Culture of Mutual Caring Connections at CVUU

I would be willing to, on occasion:

call, e-mail, and/or text a Member in Need of Some Caring (MNSC)

visit a MNSC at their home or a hospital or other location send a card/note to a MNSC

be the contact person for a MNSC (this means being the person to talk with concerning a person's needs, current condition, food preferences, etc. so that the ill person would not get too many phone calls; likely you would do it for someone you would know well)

take food to a MNSC

provide transportation

provide babysitting

provide in-home respite care; adult sitting

provide information/referral if I know something that would be helpful

run errands – pick up groceries, prescriptions, books, etc.

do light housekeeping

do heavier housekeeping

mow grass/shovel walk-driveway

gardening assistance – planting flower, trimming shrubs, etc.

watering plants – in house, or outside

help with home repairs

walk dog(s) or do other pet care

help with memorial service and/or food

be a "listening ear," – just willing to listen to someone on the phone or in person

be a member of the Caring Connection Team – that means being one of about 12 people who would help develop policies/programs related to cultivating a culture of mutual caring connections; would likely be the contact person for CVUU individual caring concerns for one month out of the year.

set up/monitor internet communication sites re Mutual Caring

help with individual computer issues related to caring – help with communication, etc.

I have expertise in a particular area related to "caring" that I would be willing to share (for example, pregnancy/birth/postpartum; health insurance; being an estate executor, other. Specify areas:

I have physical resources I would be willing to share (on occasion) such as crutches, scooter, car, truck, baby equipment, etc. Specify resources:

In general I have expertise/interest/experience in the following areas that I would be willing to share with CVUU:

Name:

Phone:

E-mail: